

Career Directions

Completing Your Reality Check

What three adjectives would colleagues use to describe you and why?

- 1.
- 2.
- 3.

Take a look at the accomplishments you identified above. Did anyone else know about these accomplishments?

If the answer is yes, what feedback did you get?

What did others identify as your strengths and limitations?

What suggestions did they make for improvement?

If no one knew about these accomplishments — that is, if you received no feedback — why not?